

Endless Summers Kayak School 2012

For those wishing to make the absolute most of their individual or group kayaking experiences this year, Endless Summers Kayak School is offering a multitude of packages to suit. From mid-April we will be based on the banks of the river Tryweryn in North Wales behind the Tyn y Cornel campground. For small groups we have a cottage that can sleep up to 5 with an additional 5 acres of land for camping. Being where we are we can easily be based at the river with options to stay on site at the Tryweryn between the dam and the town of Bala or go further afield utilizing rivers such as the Conwy, Ogwen, Llugwy and many more.

We expect individuals or groups to provide their own equipment but there will be the odd bit of kit if people are short of certain items. If you require all the kit and you are complete beginners, let us know with plenty of notice and we can arrange the gear for you. For the time you are staying with us you will get a fast-track advancement in your paddling career, when you leave you will find yourself doing things you never thought possible that will catapult you into a whole new World of kayaking.

What to expect out of the time you are with us!

During your stay with us, you will be fed with the highest quality river cuisine from ideas picked up and practiced all over the World from your hosts. You will have a comfortable place to stay with all the comforts of home and more. Aside from these luxuries, you will be taken out paddling and given individual guidance and personal development plans that will be worked on throughout your stay. Video and photos will be taken of the entire group and given to you at the end of your stay, also being used as a coaching aid after each session if required.

Smaller groups are preferred to ensure quality of coaching and sufficient time with each paddler working on whatever each individual requires and what they aspire to. The main aim for the time you are with us is that you have a really nice paddling experience that you will want to repeat and share with others. There will be no pressure to do anything you are not ready for, it will be all at your own pace and comfort zone.

The prices are very competitive and cover lodgings, food and the coaching support with film and photo. Obviously it will be tailored to your group and can have these added extras or not depending on what you want.

About your host!

Matt Cooke founded Endless Summers Kayak School in 2005 after the Kayak Freestyle World Championships in Sydney where he placed 4th in the senior men's final. Matt competed in the GB Slalom team from 1996-1998 and the GB Freestyle team from 2001-2007. Although extreme racing has no national team, Matt has represented GB in over 50 races around the World placing very respectfully. Kayaking for over 20 years, Matt is now fully dedicated to sharing his kayaking experiences and knowledge with as many people as possible and to

continue his life as a professional kayaker. For more info, see
mattcookekayak.com or mattcookekayak on youtube. catmooke@hotmail.com